

## **CTL EXTREME TEMPERATURES POLICY\_modified November 11, 2025**

*(adapted from the Western Wake Tennis Association)*

Teams now have the option to reschedule some courts or an entire match if the “feels like” temperature (heat index or wind chill) is 100°F or higher or below 35°F, at match start time, or within 2 hours past the match start time. Both captains should check the hourly forecast on [weather.com](https://www.weather.com) (or The Weather Channel app) using the location of your match. No other weather resources can be used to obtain the forecast

**This decision cannot be made until 2 hours before the match**, since conditions might improve with a rain shower in summer or a lessening of winds in fall and winter.

If both captains agree, it is okay to play one or more courts in the heat or cold. **Only one captain needs to invoke the Extreme Temperatures Policy, but teams should play as many courts as are willing.** Per CTL rules, any postponed matches must be SCHEDULED within 48 hours and PLAYED within 2 weeks of the original match date; and you must notify your Level Coordinator (or the LLC) of the new schedule.

**PLAYERS:** It is YOUR responsibility to notify your captain if you feel that it is too hot or too cold for YOU to play, regardless of this policy. NO ONE IS REQUIRED to play a CTL league match, and only you can determine if it is safe for you to play. Also, there is no shame in retiring a match – being safe on the court should be the top priority for all players!

[Flyer from the USTA on Heat and Hydration Concerns for Tennis Players](#)

[Tips for Transitioning to Cold Weather Play from USTA New England](#)